

## **Cultural Assessment**

The following checklist has been adapted from Allotey et al., (1998). They may be important points to consider when assessing people from cultural backgrounds different from your own.

- ❖ Where the client was born and how long they have been in the country
- ❖ What the client's ethnic affiliation is
- ❖ Who the client's major support people are
- ❖ What the client's primary and secondary languages are, and their reading and writing abilities in these
- ❖ What their non-verbal communication style is like
- ❖ What the client's religion is, and its importance in their daily life
- ❖ Whether the client's income is adequate to meet the needs of the client and their family.